



## Food Stall Guidelines & Requirements


Thank you for holding a food stall at **Te Rā o te Raukura**, Wellington's premier cultural event celebration, featuring traditional Māori arts and crafts, live music and kapa haka, delicious food and entertainment for the whole family.

**For 2014, Te Rā o te Raukura will be a smoke free, alcohol free and sugar free drinks event.**

Te Rā o te Raukura provides the community with the chance to enjoy a range of foods that are healthy, delicious and tasty. Food stall holders at Te Rā o te Raukura help us to promote this message of well-being by making healthy drinks and food options available.

As a stall holder, you will be required to provide **healthy options only** for drinks. This means no sugary drinks, with diet options or water only, made available.

**Below are guidelines on food and drinks for sale at Te Rā o te Raukura 2014:**

<b>DRINKS</b> Can be sold	Smoothies – low fat milk and / or yogurt Tea/Coffee/Milo – use low fat milk Milk – low fat Diet drinks – maximum of 600ml Water
<b>DRINKS</b> <b>Should NOT be sold</b> 	Sugar sweetened drinks - Carbonated (fizzy) or sports drinks - Powdered drinks or cordial - Frozen Juice – 100% fruit juice

Lollies and sweets should not be encouraged to be used for giveaways or for enticing the public - Give fruit instead